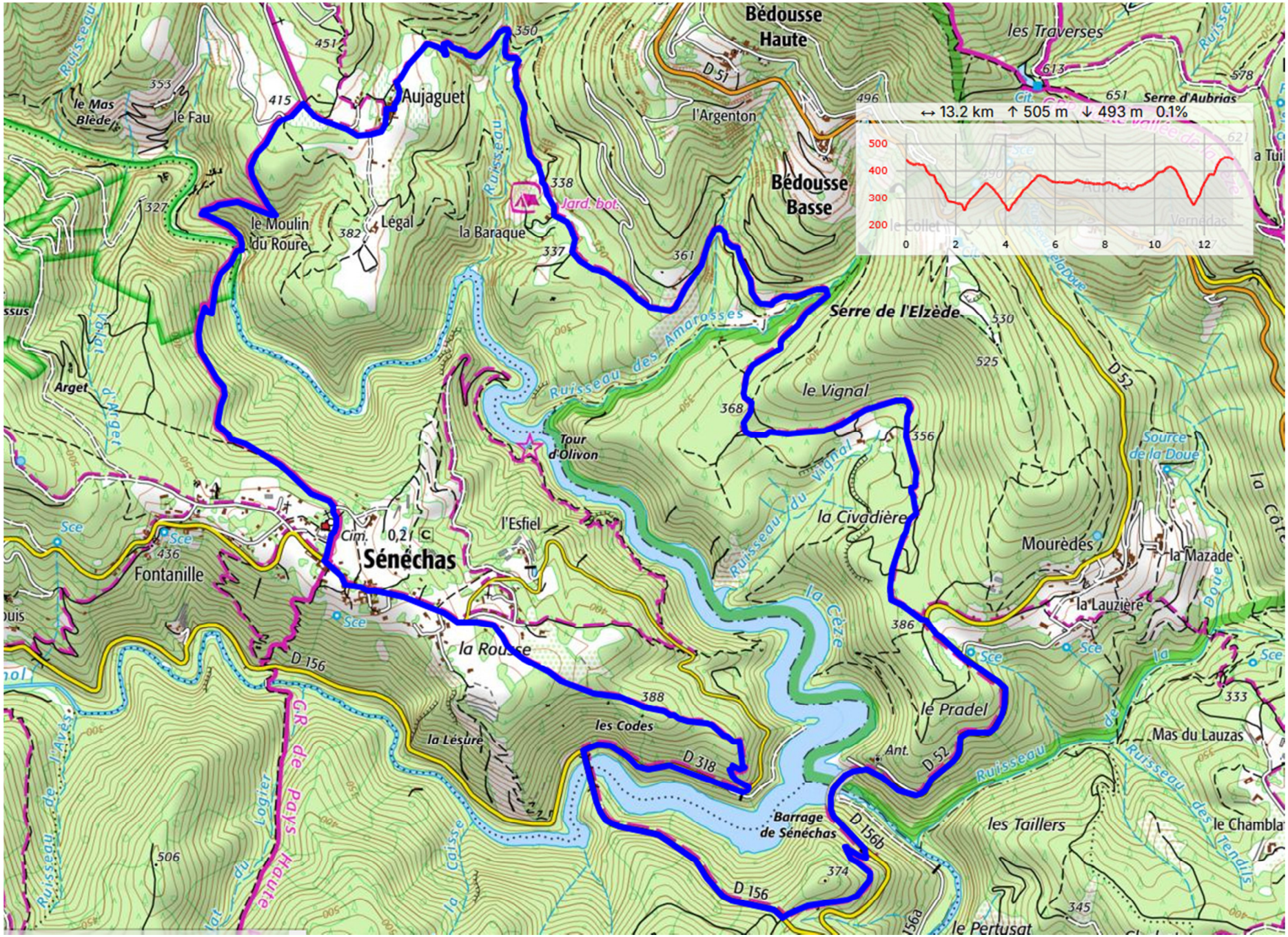LE SENECHAS ET LE MOULIN DU ROURE (13.2 KM – IBPS : 67)