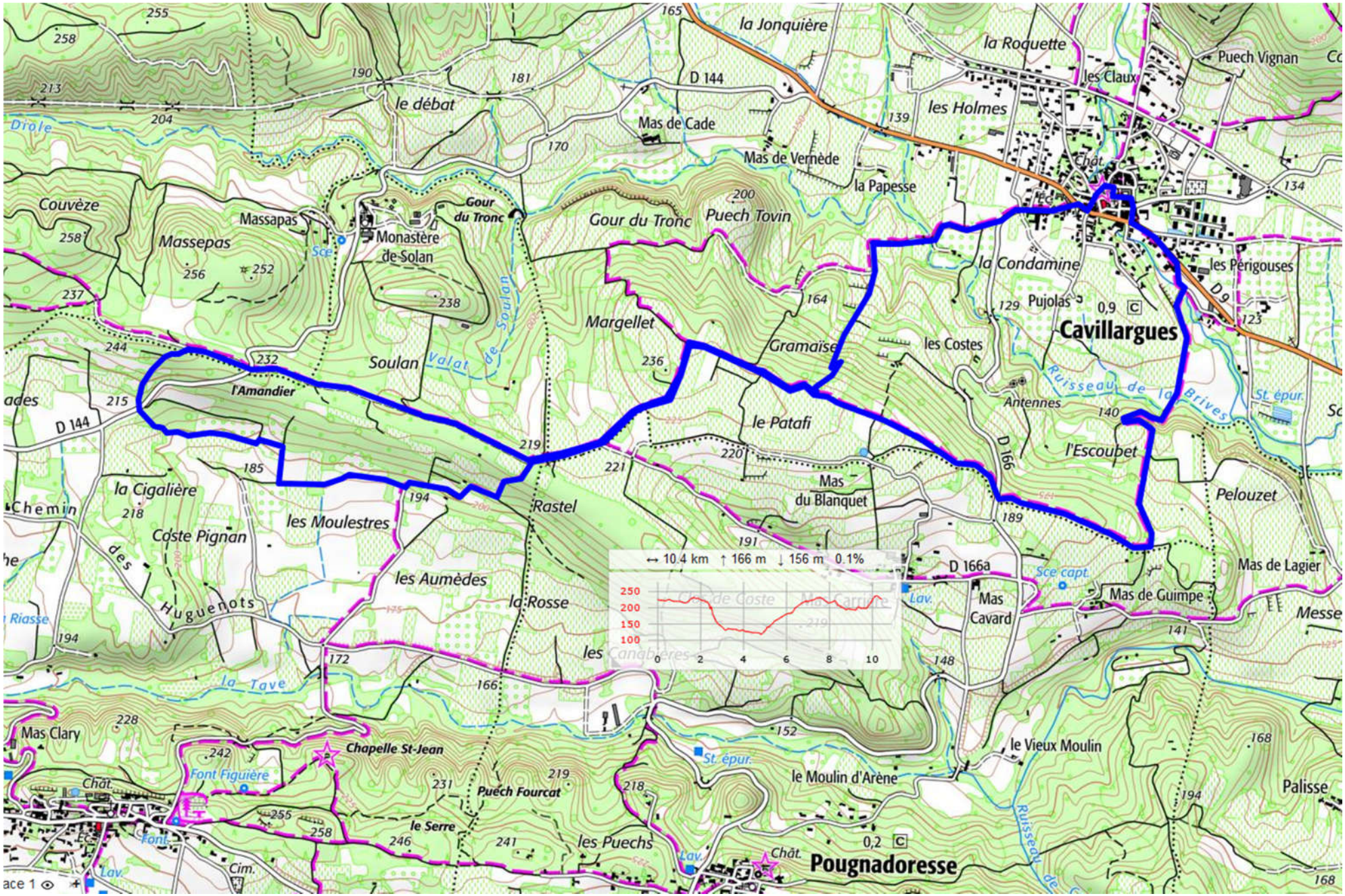LE TOUR DE CAVILLARGUES (10 km - IPBs : 40)